

**BLESSED SACRAMENT CATHOLIC CHURCH  
STEWARDSHIP OF TIME AND TALENT  
MINISTRIES FAIR  
22-23 SEPTEMBER 2018**

*Dear Parishioners,*

*“What return can I make to the Lord for all he has given me?”  
The Stewardship process helps us to answer this question posed in  
Psalm 116. This insert presents the various activities that make up  
the ministries of Blessed Sacrament Parish. More than ever, we need  
your participation to make the body of Christ a living, breathing  
reality.*

*I ask you to consider what is a precious commodity—your time.  
Time is the one thing over which we actually have some control.  
Please take the time to sit down with your family and discuss how you  
can more fully participate in our parish life. Our Father has endowed  
each of us with special talents. Review your own treasury of resources  
and decide how they can best serve God.*

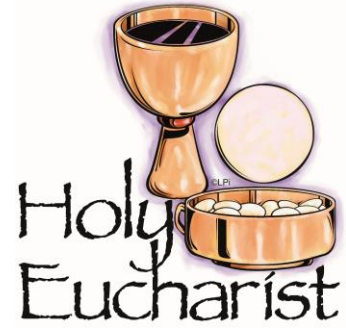
*Some of our ministries are fully functional; others need leadership.  
No matter how small you may think your contributions are,  
any committee would be eager to have your help.*

*Along with my thanks for your life with us, I add the prayer  
that your giving will always be generous and your joy in serving will  
always be great and full.*

*Pax,  
Fr. Joe*



# OPPORTUNITIES TO SERVE



## WORSHIP

### **Eucharistic Ministers to the Sick & Homebound**

We go to the hospitals, nursing homes and visit the homebound. Eucharistic Ministers carry the Body of Christ to parishioners and nursing home residents who cannot attend Mass. The time of the weekly visits is flexible.

### **Altar Flowers**

The flower guild enhances the beauty of our church with its weekly flower arrangements and continual upkeep of flowers and plants in the church and social hall. We also decorate the church for sacred holy days and seasonal occasions.

### **Altar Server**

The Altar Servers assist the priest at Mass by carrying the cross in the entrance/exit procession, holding the book and bringing and removing wine and water, chalice and paten to the Altar at the appropriate times. The commitment is usually 1 hour, twice a month. Students in grades 3 through 12 are eligible and training is provided.

### **Eucharistic Minister at Mass**

The Eucharistic Ministers set up before each Mass, distribute the Body and Blood of Christ at Communion, and wash the vessels used during Mass. This requires 10-15 minutes before and after Mass, on an average of once a month.

### **Lector**

The Lector proclaims the Word of God during Saturday evening/ Sunday morning Mass and other liturgical services and carries the lectionary in the entrance procession. This commitment is one hour monthly, plus preparation time.

### **Usher**

This ministry is one of hospitality. The ushers welcome the community as members gather for worship and assist people in the church. They take up the collection and distribute bulletins after Mass.



*For unto us  
a child is born*

©LPI



## OPPORTUNITIES TO SERVE



### WORSHIP

#### **Music Ministry**

Do you sing? Play an instrument? Would you like to give of your time and talent to your parish and have fun with some great musicians? Think about joining the Adult Choir, the Youth Choir or the Young Musicians. Please see Gregg Marino, Director of Music Ministries, after Mass, call him, 757-423-8305, or email him at [gmarino@blessed-sacrament.com](mailto:gmarino@blessed-sacrament.com).

#### **Adult Choir**

The Adult Choir rehearses Thursdays at 7:00 pm and sings during the 10:30 am Sunday Mass. Cantors (solo song leaders) are also needed to cover the 5:00 pm and the 8:00 am Masses—there is something for everyone: those who like to sing alone and those who like to sing in a group.

#### **Folk Group**

Adult Folk Group plays and sings a couple of times each semester. Drums, guitars, vocalists, and others are welcome too! This group is similar to the style of the 60's folk groups. Rehearsal is on Sunday afternoons at 3:00 pm. To join, please contact Gregg Marino, 757-423-8305, [gmarino@blessed-sacrament.com](mailto:gmarino@blessed-sacrament.com).

#### **Youth Choir**

The Youth Choir rehearses on *selective* Sundays from 4:30 pm —5:30 pm and sings two to three times each season. Children from reading age through high school are welcome.

#### **Young Musicians Group—Instrumentalists**

The Young Musicians Group rehearses on *selective* Sundays from 4:30 pm — 5:30 pm and accompanies Mass two to three times each season. School age children with at least one year of study on their instrument are welcome.



STEWARDSHIP

*At Disciple's Way of Life*

# OPPORTUNITIES TO SERVE

## PARISH SOCIAL MINISTRIES

### **Parish Community Life**

Parish receptions, refreshments after Mass, yard sales, Ice Cream Social, Mardis Gras, Spaghetti Dinners, funeral receptions, etc. are hosted by this group. Some events are worked in conjunction with the Youth Group. If you have any questions, please contact Carol LaFauci, [clafauci@verizon.net](mailto:clafauci@verizon.net).

### **FABulous Senior Group (50 & Better)**

Meetings are on the first Wednesday each month at 11:00 am. Activities range from invited speakers, field trips and creative activities. Our meetings are followed by a potluck luncheon. Spend time with us for creativity, sharing, learning and just plain fun.

### **St. Martha's Circle—Altar Guild**

We meet on the second Wednesday each month at 10:00 am followed by a “bring a sandwich” luncheon. We assist by washing and ironing altar linens, taking care of the candles and dusting in the church.

### **Health Team Ministry**

Members of the health profession provide an opportunity for parishioners to obtain information. We offer monthly blood pressure screenings, valuable assistance during the NEST program, and offer health screenings throughout the year. Holistic health is our aim.



### **Panera Pickup**

We are in need of additional volunteers to pick up various breads, rolls and sweet treats on Saturday night at Panera on 21<sup>st</sup> Street in Ghent and deliver to Blessed Sacrament the next morning by 9:00 am Sunday. This is a fun, easy ministry that families can participate in together. This ministry runs through the academic year and with enough volunteers the commitment will be once every other month. If interested in signing up, please contact Claire McCrary at [cmccrary@blessed-sacrament.com](mailto:cmccrary@blessed-sacrament.com) or call 757-423-8305.

***PLEASE INVITE A FRIEND TO JOIN YOU AT  
MASS; FURTHERMORE, PLEASE INVITE  
THOSE YOU KNOW WHO LEFT THE  
CHURCH.  
THEY ARE WELCOME TO COME HOME.***

# **RELIGIOUS EDUCATION**

## **Catechist & Assistant Catechists (Grades K— 5)**

Over 120 children, Kindergarten through grade 5, will sign up this fall to learn more about Jesus and the Catholic faith. You can help them learn and grow by becoming a catechist for Faith Formation. Classes are offered weekly on Sunday mornings from 9:00 am to 10:10am. As you nurture the faith of our young, you will learn and grow as well! As one long-time catechist put it, “I learn so much from the children!” We provide you with training, materials, and support. We are also seeking classroom aides and substitutes. Other areas of involvement include our annual Christmas Pageant and our Vacation Bible School, 5 days, in June. Please contact Claire McCrary at 757-423-8305 or [cmccrary@blessed-sacrament.com](mailto:cmccrary@blessed-sacrament.com).

## **Nursery**

Although we have hired two permanent employees for our nursery, our little children need caring adults and teens to read to them and pray with them while mom and dad worship. The nursery needs your support in order to be successful. If you are interested in volunteering, please contact Claire McCrary, [cmccrary@blessed-sacrament.com](mailto:cmccrary@blessed-sacrament.com), 757-423-8305 for more detailed information. **“Children are a gift from the Lord.” Psalm 127:3**

## **Children’s Liturgy of the Word (Grades PreK (age 4)—Kdg., & 1—3)**

Each Sunday during the 10:30 am Mass from September through May, our children are dismissed to hear and understand the Scripture Readings. Parents or others interested in volunteering are always needed. We now have two age groups: Group 1 is PreK4 (age 4) & Kindergarten; Group 2 is Grades 1 – 3. Contact Claire McCrary, 757-423-8305, or [cmccrary@blessed-sacrament.com](mailto:cmccrary@blessed-sacrament.com) for more detailed information.

## **Volunteers for Other Children’s Ministries (Grades K-5)**

Please contact Claire McCrary at [cmccrary@blessed-sacrament.com](mailto:cmccrary@blessed-sacrament.com) or 757-423-8305 for any of the ministries below. Services hours granted:

- Mark your calendars for 24-28 June 2019 for Vacation Bible School. We are seeking volunteers for every aspect of Vacation Bible School –classroom teachers, recreation leaders, snack preparers and servers, music helpers and registration helpers.
- Our annual Christmas Pageant will take place on Sunday, 16 December, 9:30 am -10:30am in the church. In order to ensure success with our pageant, we are seeking your help in practicing parts, setting up, and other various duties. It will take many hands to organize this event.
- Our 1st Communion Retreat will be held Saturday, 23 March (9:00 am to 11:00 am). This is such a joyful time to prepare for the Sacrament of Holy Communion. Are you able to help on Saturday, 23 March with this retreat? Adults, Youth, and Confirmation students are needed to guide students through the retreat stations.

## **Edge & LifeTeen (Grades 6—12)**

Edge and LifeTeen are the dynamic programs for our middle school and high school students. The programs aim to reach the students on their level by walking with them along their journey of faith and empowering them with the Gospel message by teaching in ways which they can relate. We utilize interactive and engaging activities to help our youth discover the beauty of the Catholic faith. A Core Team (volunteer team) of passionate and dedicated adult volunteers makes these programs possible for our parish. The Edge program (grades 6-8) meets Sundays from 9:00 am-10:10 am in the Social Hall while LifeTeen (grades 9-12) meets Sunday from 6:00 pm - 8:00 pm in the Social Hall. Life Teen includes dinner. Contact Hannah Kallenbach, 757-423-8305 or [hkallenbach@blessed-sacrament.com](mailto:hkallenbach@blessed-sacrament.com) for more detailed information.

# **RELIGIOUS EDUCATION**

## **Blessed Sacrament Young Adult Ministry**

The Young Adult Ministry seeks to help our young people discover the fullness of joy living a life with Christ. We employ retreats and social outings, and aim to enrich the lives of the young adults by leading them to encounter the person of Christ through fellowship, service, and the grace of the Sacraments. We need volunteers to help plan, facilitate and run our programs. At Young Adult Ministry, we are committed to exploring our faith life beyond the sense of cultural practice. Contact Hannah Kallenbach, [hkallenbach@blessed-sacrament.com](mailto:hkallenbach@blessed-sacrament.com) or 757-423-8305, for more detailed information.

## **Adult Religious Education**

Each Sunday from 9:00 am – 10:10 am, adults are welcome to join in the reading and discussion of current topics of interest to Catholics. This year we will discuss Strangers in a Strange Land, by Archbishop Chaput.



## **Women of Faith Scripture Study**

Participants meet for an hour twice monthly, generally on the first and third Wednesdays of the month, 9:30 am. Come join us and share in our fellowship as we learn about Faith in our Lord. Child care is provided.

## **Adult Faith Formation- Spirituality Uncorked**

Our Adult Faith Formation autumn offering: “Unlocking the Mysteries of the Bible.” Are you a person who needs the energizing love that the Holy Spirit brings us as we face our personal and private tribulations? Join us as we explore God’s Holy Spirit. Meetings are once a month on Wednesdays at 6:30 pm (one hour), including child care.

**RCIA-Do You Know Someone Who..** Is an unbaptized adult who wants to join the Catholic Church? Or is a Baptized non-Catholic who wants to be Catholic? Or is a Baptized adult Catholic who has not received Communion or Confirmation? A spouse? Son or Daughter? Son-in-law or daughter-in-law? A friend, neighbor, yourself? Then, discover RCIA (Rite of Christian Initiation for Adults & Children too), a process whereby adults become members of the Catholic Faith. We meet on Wednesdays at 6:30 pm from September to May. The RCIA is not only for those who would like to become a member of the Catholic faith, but also for Catholics who would like to learn more about the faith. Team members provide hospitality. Childcare is provided. Please **register now** by calling Sr. Regina, 757-423-8305, (Monday—Wednesday) or emailing Deacon Derek Turrietta, [dturrietta@blessed-sacrament.com](mailto:dturrietta@blessed-sacrament.com).

# **JUSTICE AND PEACE**

## **S.M.I.L.E.S—Our Parish Outreach** (Social Ministry Interests in Local Efforts)

We sponsor the parishes School Supply Drives for foster children, Food Drives for Holy Trinity and St. Mary’s pantries, Diaper Drives, Christmas Angel Trees, Casserole Programs for St. Mary’s Soup Kitchen and Special items for Veteran’s. We also feed and house the homeless for a week as part of Norfolk Emergency Shelter Team (NEST). This year we also hope to revive our parish tutoring program at Granby Elementary, sponsor family outreach Saturday projects, start an initiative to make our parish “Green”, and other activities. Come join us for with your ideas at our **next meeting Thursday, 27 September at 7:00PM!**





# **JUSTICE AND PEACE**

## **Mary's Joy**

We have a special devotion to new mothers and infants in need, as well as the elderly and those hungry and living on the streets. Our "Baby Shower in a Bag" and other infant donations go to Catholic Charities of Eastern Virginia, DePaul Hospital, Ward's Corner Department of Health, "Visiting Nurses" from health departments in several cities, and more. We also create "Blessing Boxes" of emergency, non-perishable food, and "Street Bags" of supplies. We have no required meetings, only invitations to our sorting and joyful "Wrap Parties" to prepare gifts for presentation. Any questions, please email the foundress, Kathryn Forrester-Thro, Obl. S.B. at: [ajoyful1@cox.net](mailto:ajoyful1@cox.net)

## **St. Mary's Casserole Program to Benefit St. Mary's Soup Kitchen & Holy Trinity Food Pantry!**

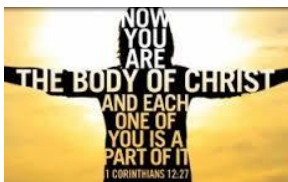
St. Mary's Basilica Soup Kitchen in downtown Norfolk feeds 200 people for dinner four nights a week throughout the year and sometimes 300 people due to increased number of children during the summer months. Our program for the last 8 years has helped provide meals to the soup kitchen to allow individuals and families an easy way to help the hungry in Norfolk. The program is simple. The parish provides you with a 13 x 9 "aluminum pan and lid and three different recipes. You cook the meal at home, freeze and place it in the freezer at church on a monthly or quarterly basis. St. Mary's uses 25 of our casseroles for one night's meal in their soup kitchen. Currently we are providing enough casseroles for perhaps two meals a month. More recently, some of our casseroles have been helping the food pantry at Holy Trinity due to their lack of food in Ocean View due to the closing of Farm Fresh. If you want to participate or have questions, please contact Marybeth Dixon at: [mbjdixon@cox.net](mailto:mbjdixon@cox.net).

## **N.E.S.T.**

Norfolk Emergency Shelter Team (N.E.S.T.) sponsors our Homeless Program for a week Wednesday, 5 November – Wednesday, 5 December. During this week we will provide supper, shelter (now with showers) and breakfast. Our Health Team provides a volunteer each night to assist. We have a movie night and music night for our guests. Many hands are needed to help with baking desserts, dinner preparation, bus duty, hospitality, overnight duty and breakfast preparation. Signup sheets will be available during the Ministry Weekend. Come and visit our table. There is something for everyone and makes a great family experience.

## **Parish Tutoring Program, Helping a Child Learn to Read at Granby Elementary**

For one hour once a week go to Granby Elementary to help a child learn to read. Each will help a student between 1st and 5th grade enlarge his/her vocabulary and increase his/her reading comprehension. We will use prepared computer activities as well as books to help the students.



**If not us, then who; if not me and you.  
Right now, it's time for us to do something. M. West**

**Christ has no body now on earth but yours, no hands but yours. Yours are the eyes through which He is to go about doing good. Yours are the hands with which He is to bless people now. St. Teresa of Avila**



## **FACILITIES MANAGEMENT**

### **Buildings and Grounds**

This “hands on” committee is responsible for the maintenance/repair of the parish’s physical plant: rectory, church, new addition, and parking lot.

## **PARISH FINANCE COUNCIL**

The council performs consultative services to the Pastor on a broad range of accounting and financial areas. They render advisory services relating to parish investments as well as prepare and monitor operating budgets for parish operations. Members are appointed by the Pastor.

## **PASTORAL COUNCIL**

The council provides vision and direction for the parish and sets priorities. It is the structure through which parish members can participate in the decisions which affect the parish. The discernment process for new members takes place in May.

## **5 Ways to Make Your Parish a Better Place**

**THINK** of yourself as a part of your parish family. Family members don’t always agree, but they do feel a strong commitment to the family.

**USE** your gifts and talents for the good of the parish. If you’re a singer, public speaker, musician or just a friendly, helpful person, get involved as a lector, usher, and greeter, extraordinary minister of Holy Communion or part of the parish music ministry.

**ATTEND** parish events. Whether it’s a mission, a lecture or a lawn fete, it’s important to support the spiritual, educational and social parts of parish life. Invite family members and friends to join you!

**SUPPORT** your parish financially. Parishes need your help with operational expenses, energy costs, supplies and maintenance. Be generous.

**PRAY.** Keep your pastor, the parish staff and your parishioners in your daily prayers. Pray also for the return of Catholics who have strayed from practice of their faith.



By Lorene Hanley Duquin



# ***Blessed Sacrament Catholic Church***

## ***2018-2019 Concert Series***

All Concerts are on Sundays at 4:00 pm



### ***21 October 2018 “Mosaic Steel Orchestra”***

*An ensemble comprising youth and young adults from Tidewater whose repertoire demonstrates the versatility of the steel pan art form.*

### ***11 November 2018 “ODU Concert Choir and Diehn Chorale”***

*The choirs will perform selections of World War II and the Holocaust, under the direction of Nancy Klein.*

### ***9 December 2018 “The Strolling Silver Strings”***

*Fine young musicians from the Norfolk Public Schools Gifted and Talented Program perform well-known selections.*

### ***17 February 2019 “The Boys Choir of Hampton Roads”***

*Founded in 1997, this group of young men lift their voices in song as they reinforce positive self-images for youth.*

### ***5 May 2019 “Hampton Roads Metro Band”***

*Providing all Hampton Roads with enjoyable performances and sharing a varied musical repertoire.*

*All concerts are free and open to the public and each is followed by a reception in our social hall. For information on these concerts and other upcoming events, visit our parish website:*

[www.blessed-sacrament.com](http://www.blessed-sacrament.com).



**Our 11<sup>th</sup> Annual  
GOLF TOURNAMENT**

**Thursday,  
18 October**

**WE NEED  
GOLFERS,  
SPONSORS,  
& PRIZES!!**



Additional Sponsorship Registration Forms are available on the table outside the office or contact Hannah Kallenbach during office hours, 757- 423-8305, or by email, [hkallenbach@blessed-sacrament](mailto:hkallenbach@blessed-sacrament), for more detailed info!!

**Blessed Sacrament Catholic Church**  
**6400 Newport Avenue**  
**Norfolk, VA 23505**  
**(757) 423-8305**

**Blessed Sacrament 11<sup>th</sup> Annual Golf  
Tournament Sponsorship Form**

NAME OF SPONSOR: \_\_\_\_\_

NAME OF BUSINESS: \_\_\_\_\_

**LEVEL OF SPONSORSHIP CONTRIBUTED:**

TOURNAMENT \$ 2,000 \_\_\_\_\_

FOOD \$ 1,500 \_\_\_\_\_

BEVERAGE \$ 1,000 \_\_\_\_\_

PLATINUM \$ 500 \_\_\_\_\_

GOLD \$ 250 \_\_\_\_\_

HOLE SPONSOR \$ 100 \_\_\_\_\_

(Please specify which hole you prefer)

**HOW DO YOU WISH YOUR SPONSORSHIP TO BE LISTED ON SIGNAGE?**

(Your Name, Name of Business, in Memory/Honor of, or Same as Last Year's Tournament)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Following the tournament, a letter will be sent to you which  
will serve as your receipt for tax purposes. Thank you for your support of  
our 11<sup>th</sup> Annual Golf Tournament. All Proceeds Benefit  
The Blessed Sacrament Youth Summer Mission Trip.*



## **Don't Forget to Sign Up for Online Giving!**

Our parish has been using an Online Giving system that is strengthening stewardship as well as making it easier for members to support our parish. We currently have over 100 families signed up with Online Giving, however, our parish's goal is to have 250 families signed up. Please help us reach this goal!

There are many benefits for the parish and for parishioners that choose to give online. Some of the benefits for the parishioner include: no need to write checks; you can give even if you are unable to attend Mass; and your contribution amount can easily be adjusted.

The benefits for the parish include: no check processing; more consistent giving with recurring contributions; electronic donation summaries for record keeping; reaches a wider demographic of givers; and accommodates all special parish collections including SMILES and Catholic Virginian.

Those who wish to continue to use traditional methods of offering may do so, however, we ask that you prayerfully consider Online Giving. If you would like to enroll, please visit **[www.blessed-sacrament.com](http://www.blessed-sacrament.com)**. If you have any questions about the program or about setting up your account, don't hesitate to call our parish office at 757-423-8305.

*"Give and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in return be measured out to you."*  
Luke 6:38